

UINTAH RECREATION VOLLEYBALL RULES

1. When serving, the player may only toss/drop/catch the ball ONCE during their entire time serving. If a player does this more than once it will be a side-out.
2. The net may be touched as long as the top of the net is not touched. When playing the ball outside the antenna both the net and top of the net is LEGAL to be touched
3. Unlimited substitutions will be allowed.
4. Centerline- Players may step over the centerline as long as they do not interfere with another player or cause a safety issue.
5. Players may rotate in for the player who served last. (Uintah recreation Rule not USA).
6. A serve may not be attacked or blocked above the net.
7. A block will not be considered a hit. Three more hits from a blocking team may be made after the block. The blocker may legally take a successive hit after the block.
8. Except for blocking, you may have a double hit on any first ball over the net, provided the contacts occur during one action.
9. If a team serves out of order, the team loses the service and any points gained during the "out of order service by the last player who served out of order, at the time the mistake was noticed.
10. A new player must play four matches (and be added to the roster) before they can be eligible for a tournament play. No exceptions.
11. Service Zone is extended to include the full width of the area behind the end line.
12. Legal contact is a touch of the ball by any part of the player's body that does not allow the ball to visibly come to rest or involve prolonged contact with the player's body
13. Ceiling – a ball hitting the ceiling or beams can be played if it comes down on the same side it went up from.
14. Match – The match will be determined by who wins the best of three games. Each game will be to rally score 25 points; teams must win by two, or the first to 27 points. The third game will be to 15 points; teams must win by two points (no cap).
15. Please NO CHILDREN playing with balls while game are going on! The site director will have balls put in rack. (This is for safety purposes)
16. Food and drink is not allowed in the gymnasium, please keep all food and drink outside the gymnasium, for players or otherwise.
17. Kids must be supervised by a responsible person, not by a player currently playing.
18. Fighting of any kind will not be tolerated. Fighting will cost you a year suspension.
19. Profanity of any kind is not tolerated. You will be asked to leave. If it continues you will be suspended for 1 game. If it escalated beyond that you will have to speak with the program coordinator to be allowed back into the league.